

Healthy Sexual Solutions INFOGRAPHIC

sexual addiction

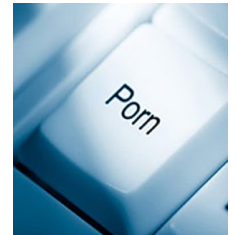
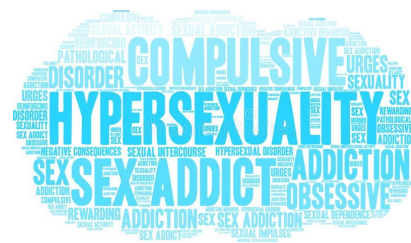
Patterns and Examples of Sexual Addiction

- **Fantasy Sex:** Neglecting commitments because of fantasy life, masturbation
- **Seductive Role Sex:** Extramarital affairs, flirting, seductive behavior
- **Anonymous Sex:** Engaging in sex with anonymous partners, having one night stands
- **Paying for Sex:** Paying prostitutes for sex, paying for live sex shows
- **Trading Sex:** Receiving money or drugs for sex
- **Voyeuristic Sex:** Patronizing adult bookstores and strip shows, looking through windows, visiting on-line porn sites, having a pornography collection
- **Exhibitionist Sex:** Exposing oneself in public places, wearing clothes designed to expose
- **Intrusive Sex:** Touching others without permission, using position of power to sexually exploit another person, rape
- **Pain Exchange:** Causing or receiving pain to enhance sexual pleasure
- **Object Sex:** Masturbating with objects, using fetishes with sexual rituals, having sex with animals
- **Sex with Children:** Forcing sexual activity on a child, watching child pornography

The term "sexual addiction" is used to describe the behavior of a person who has an unusually intense sex drive or an obsession with sex

It is sometimes referred to as sexual dependency, sexual compulsivity, or sexual impulsivity

Sex and the thought of sex tend to dominate the sex addict's thinking, making it difficult to work or engage in healthy personal relationships



Behaviors Associated With Sexual Addiction

- Compulsive masturbation
- Multiple sexual affairs
- Multiple/anonymous sexual partners
- One-night stands
- Consistent use of pornography
- Unsafe sex
- Phone or computer sex (cybersex)
- Prostitution or use of prostitutes
- Exhibitionism
- Obsessive dating using personal ads
- Voyeurism (watching others)
- Stalking (following/watching others)
- Sexual harassment
- Molestation